

Vegetable gardening course

Saturday

9.30 **Introductions and motivation.**

10.00 **Tools.**

10.30 **Clearing the ground. Content tailored to circumstances of the group.**

11.00 **Tea/coffee break.**

11.30 **Planning the garden. Bring a sketch plan of your veg growing area.**

The bed system
Rotation and the plot system
Marking the beds on the ground
The garden plan

13.00 **Lunch**

14.00 **Soil: an introduction**
Maintaining soil fertility
Composting.

15.00 **Tea/coffee break**

15.30 **Practical session in the garden.**
Digging

The fork
Digging technique
Establishing the beds
Dealing with perennial weeds

Questions and discussion.

17.00 **End**

Sunday Meet at Walcot.

9.30 Preparing beds and sowing seeds

Preparing the soil on the beds
Incorporating compost or manure
Stale beds
Spacing of seed rows
Marking out, making drills and sowing seeds

10.30 Vegetables one by one, including pests and diseases. At English Centre.

Onions etc.
Cabbages etc.
Beans and peas
Potatoes
Cucurbits – squash etc.
Beetroot
Carrots
Lettuce
Any other, by request.

11.00 Tea/coffee break

11.30 Continue vegetables one by one

12.00 Two crops a year – the secondary rotation.

13.00 Lunch

14.00 Fresh produce every day of the year.

**Time allowed for over run of any previous session,
integrating fruit into the garden, seed suppliers, any other topic, by
request. Questions. Discussion.**

Refreshments (cake?)